



*Life on BiH/MNE Border
- Ancient Traces of Ageless Heritage and Tradition*



This publication was produced with the financial support of the European Union. Its contents are the sole responsibility of Cultural Centre Trebinje and do not necessarily reflect the views of the European Union

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Financed by European Union



IPA CROSS-BOUNDARY COOPERATION PROGRAMME
BOSNIA AND HERZEGOVINA - MONTENEGRO



Project is implemented by
Cultural Center Trebinje



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Tourist itinerary

Spirituality of Herzegovina and Montenegro throughout Time



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Montenegro

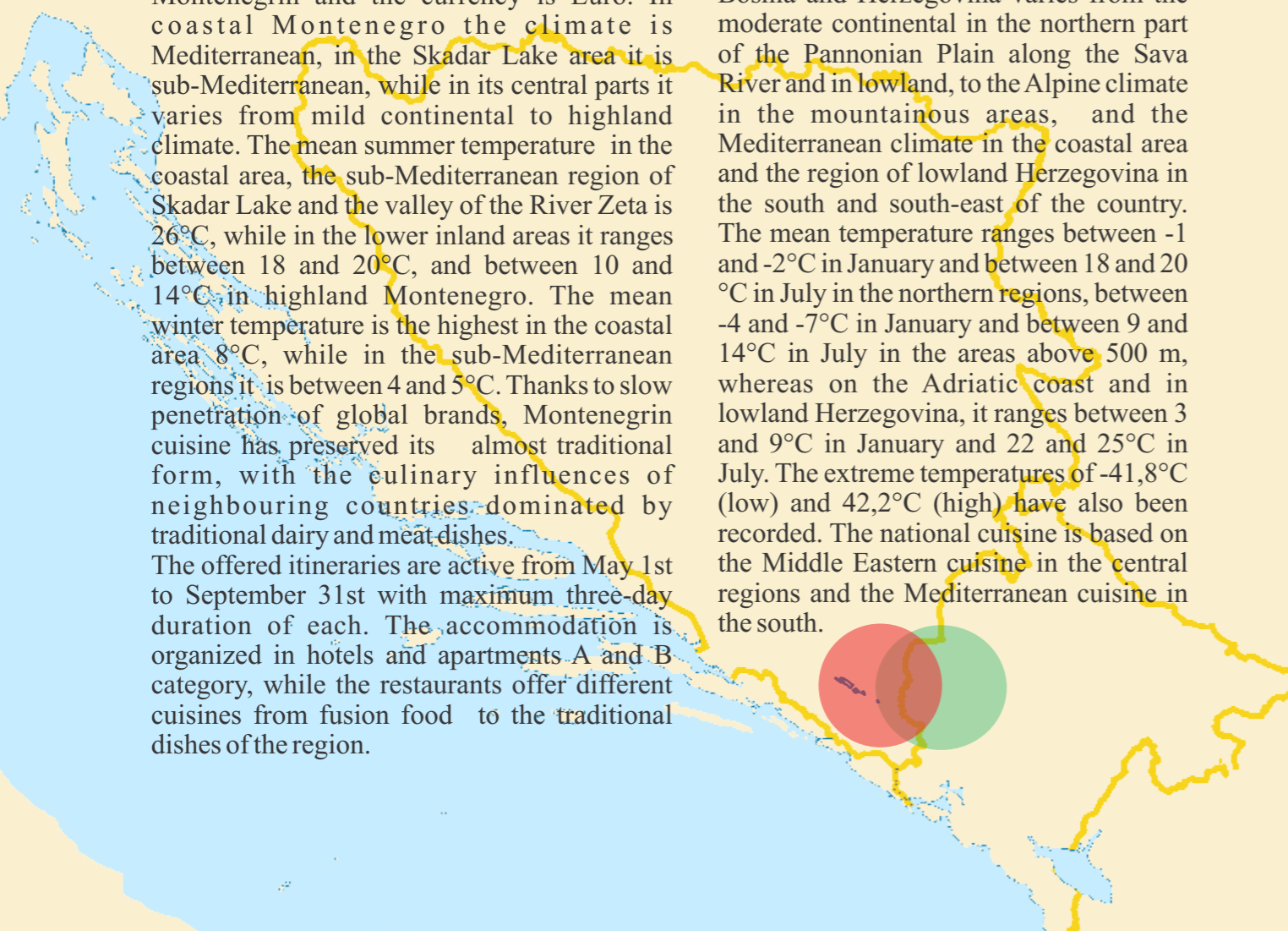
is a country located on the Balkan Peninsula on the Adriatic Sea. It borders Bosnia and Herzegovina to the north. Montenegro shares its continental borders with Croatia, Kosovo and Serbia as well, and to the south it shares the Adriatic Sea with Italy.

The official language of the country is Montenegrin and the currency is Euro. In coastal Montenegro the climate is Mediterranean, in the Skadar Lake area it is sub-Mediterranean, while in its central parts it varies from mild continental to highland climate. The mean summer temperature in the coastal area, the sub-Mediterranean region of Skadar Lake and the valley of the River Zeta is 26°C, while in the lower inland areas it ranges between 18 and 20°C, and between 10 and 14°C in highland Montenegro. The mean winter temperature is the highest in the coastal area 8°C, while in the sub-Mediterranean regions it is between 4 and 5°C. Thanks to slow penetration of global brands, Montenegrin cuisine has preserved its almost traditional form, with the culinary influences of neighbouring countries dominated by traditional dairy and meat dishes.

The offered itineraries are active from May 1st to September 31st with maximum three-day duration of each. The accommodation is organized in hotels and apartments A and B category, while the restaurants offer different cuisines from fusion food to the traditional dishes of the region.

Bosnia and Herzegovina

is a country located in the west of the Balkan Peninsula, bordered by Croatia, Montenegro and Serbia. The official languages of the country are Bosnian, Serbian and Croatian. The currency is Bosnia and Herzegovina convertible mark (sign: KM, code: BAM). The climate of Bosnia and Herzegovina varies from the moderate continental in the northern part of the Pannonian Plain along the Sava River and in lowland, to the Alpine climate in the mountainous areas, and the Mediterranean climate in the coastal area and the region of lowland Herzegovina in the south and south-east of the country. The mean temperature ranges between -1 and -2°C in January and between 18 and 20°C in July in the northern regions, between -4 and -7°C in January and between 9 and 14°C in July in the areas above 500 m, whereas on the Adriatic coast and in lowland Herzegovina, it ranges between 3 and 9°C in January and 22 and 25°C in July. The extreme temperatures of -41,8°C (low) and 42,2°C (high) have also been recorded. The national cuisine is based on the Middle Eastern cuisine in the central regions and the Mediterranean cuisine in the south.



Contacts:

Tourist Organisation of Trebinje
E-mail:tourist_trebinje@yahoo.com
www.gotrebinje.com
Tel.: +387 (0)59 273-410

Tourist Organisation of Nikšić Municipality
E-mail:toniksic@t-com.me
<https://niksic.travel/>
Tel.: +382 (0)40 213 262

Tourist Organisation of Bileća Municipality
E-mail:torgbileca@gmail.com
Tel.: +387 (0)59 371 864

Nature Park „Piva“, Pluzine
E-mail:info@parkpiva.com
<https://www.parkpiva.com/>
Tel.: +382 (0) 40 270 069



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Starting point Trebinje (BiH)

Day 1

Check in at the hotel/motel/BB in Trebinje until 9 a.m. A visit to the Winery, the Church of Saint Clement, the Tvrdoš Monastery and the mosques in the Old Town. Lunch in a local restaurant at 2 p.m. A visit to the Banj Vir and the Museum of Herzegovina until 5 p.m. Free time. Dinner at 9 p.m. Dinner menu is based on taste preferences (fish or meat or traditional dishes or fusion food).

For this rather small but vividly painted church of Saint Clement many experts in fresco paintings say is "the smallest" art gallery in the world.

The Monastery Tvrdoš was founded by the first Christian Emperor Constantine and his mother Helen. Within the monastery complex there is a winery with vines produced by the clergy.

Both mosques in the Old Town were constructed by architects from Dubrovnik and thus reflect certain ornaments present in the Mediterranean architecture. The mosques are National Monuments of Bosnia and Herzegovina.

Banj Vir is located in the Trebinje downtown on the cliffs above the Trebišnjica, near the present Museum of Herzegovina. Dr. Safet-Beg Bašagić, a Bosnian-Herzegovinian writer and scientist, claims that the fortress in Trebinje was built in the spring of 1706 and that the city of Trebinje was officially called Banj Vir.



Day 2

Breakfast and check out until 9 a.m. Departure for Bileća which is 45 min away. A visit to the Dobričevo Monastery, the necropolis of stećci and Hasan Pasha Predojević Mosque. Departure for Nikšić (MNE) at noon. After an hour journey from Bileća to Nikšić (64 km) lunch at 2 p.m. A visit to the Orthodox Cathedral of St. Basil of Ostrog in Nikšić, the Hadži Ismail's Mosque and the Catholic Church in Nikšić. Departure for Plužine at 6 p.m. Arrival in Plužine and check in the hotel/motel/BB, short break before dinner at 8 p.m.

Frescoes painted by a monk and fresco painter Georgije Mitrofanović are preserved in great numbers and represent one of the most beautiful Serbian fresco paintings of the XVII century.

The necropolis of stećci in Bileća is carefully selected collection which offers tombstones typical for the valley of the River Trebišnjica and stands for an unique outdoor museum.

As one of the oldest mosques in Herzegovina, built in 1572 and registered in the Register of National Monuments of Bosnia and Herzegovina, the mosque of Hasan Pasha Predojević represents an important sacred monument of the 16th century architecture.

The mosque in Nikšić testifies of the Ottoman regime in these regions, and, at the same time, it is a symbol of tolerance and the harmonious life between multiple religions and nations. We can follow the development of Nikšić through its history, under the regime of both the Ottomans and the Montenegrins.

The new Catholic Church, the "Beauty of Nikšić" as referred to by Reverent Ciril Zajc, has been adorning the Town of Onogošt with its beauty for more than 30 years.

The Orthodox Cathedral of St. Basil of Ostrog in Nikšić downtown is a work of the Russian architect Mikhail Timofeyevich Preobrazhensky.





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Day 3

Traditional breakfast in Plužine (cream cheese, homemade bread and "varenika"-boiled milk), check out of the hotel/motel/BB until 9 a.m. A visit to the Zagradje Monastery, the Piva Monastery and the Greek Cemetery. Departure for Trebinje at 1 p.m. and a visit to the the Church of Saint Michael the Archangel in Jazina, a settlement 16 km away from Trebinje. Afternoon arrival in Trebinje (packed lunch).

In architectural terms, this church is basically inspired by the Raška architectural school, which represents a successful combination of the Eastern and Western ecclesiastical architecture. The frescoes in the Piva Monastery are the most plentiful and one of the most significant ensembles of wall painting created after the restoration of the Patriarchate of Peć. The monastery was rebuilt in the another location in 1982 because of the construction of a hydroelectric power plant on the River Piva.

Based on its established cultural value, authenticity, uniqueness and rarity within its own kind, archeological, historical, pedagogical and scientific significance, the Necropolis "Greek Cemetery" has an extraordinary significance for the historical, social and cultural development of Montenegro.

The Church of Saint Michael the Archangel, located on the cemetery near the River Sušica, forms a part of an extraordinary landscape and plays a significant role in the study of medieval fresco paintings and sacred architecture from the XVI and XVII century, and is a national cultural heritage of Bosnia and Herzegovina.

Tourist agencies reserve the right to alter their itineraries for duration or selection of destinations. The client will be informed about any changes that might occur!



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Life on BiH/MNE Border - Ancient Traces of ageless Heritage and Tradition

This tourist itinerary was created through activities of the project "Life on BiH/MNE Border - Ancient Traces of ageless Heritage and Tradition" which is implemented in the area of city of Trebinje and municipality of Bileća in Bosnia and Herzegovina, as well as municipalities of Nikšić and Plužine in Montenegro.

Overall objective of the project is to develop functional inter-sector cooperation and linkage of cultural/historical/natural heritage and tourism in Cross-border area.

Specific objective is to create and promote joint cross border touristic products through encouraging partnerships in culture and tourism and rehabilitating neglected cultural and historical heritage in project area.

Main project activities are as follows:

- Mapping of insufficiently valorised cultural/historical heritage objects and locations to be included in joint touristic cross-border products of Trebinje and Bileća, Nikšić and Plužine;
- Developing digital and printed presentations of new tourist offer in cross-border area based on its traditional links and customs;
- Developing joint plan for standardised and sustainable management of cultural/historical monuments/locations/objects identified in project area;
- Revitalisation of cultural/historical heritage through "pilot interventions" in both countries;
- Communication and promotion activities including printed, digital and video tools and approaches.

Lead applicant and coordinator of the project is Public Institution "Cultural Center" Trebinje, and partners from BiH are City of Trebinje and Associations "Center for Development of Herzegovina" and "Home". Project partners in Montenegro are PI "Center for Culture" Plužine, NGO "Women Action" and "Association of Book Publishers and Booksellers in Montenegro".

Realization of the project started in January 2018 and project duration is 16 months. Total financial value of the project is 331.712,56 EUR amongst which 85% is funded by European Union and the remaining amount is cofinanced by City of Trebinje, PI "Cultural Center" Trebinje and PI "Center for Culture" Plužine.